

DAY 2: COMMUNITY EDUCATION FORUM

(Patients, Families and Friends)

Note: Each lecture will reserve 15% of its time for interactive audience participation. **Lectures will be given in English.**

SATURDAY, JUNE 24th, 2023

7:00 am **Registration and Breakfast**

8:00 am **OPENING REMARKS** with Dr. Gabrielle Horne and Dr. Jeremy Wood

8:05 am Genetics of Aortic Disease

Dr Dianna Milewicz
University of Texas

8:35 am Putting the Pieces Together to make a Diagnosis

Dr Gabrielle Horne
Dalhousie University

9:05 am Medical Therapy for Aortic Disease and Lifestyle Issues

Dr Michelle Keir
University of Calgary

10:30 am *Panel – Questions from the audience*

10:00 am **Break**

10:30 am Surgery for the Aorta

Dr Maral Ouzounian
University of Toronto

10:50 am How Do I Stop Worrying About My Aorta?

Dr Sulaye Thakrar
Dalhousie University

11:10 am **Workshop 1:** *(Choose one from the list)*

- Preparing for Aortic Surgery
- Medications, Exercise, Pregnancy and Aortic Health
- Stress, Worry and Family Dynamics in Aortic Health
- Pain Management

11:40 am **Workshop 2:** *(Choose one from the list)*

- Preparing for Aortic Surgery
- Medications, Exercise, Pregnancy and Aortic Health
- Stress, Worry and Family Dynamics in Aortic Health
- Pain Management

12:10 pm **Lunch & Meeting new friends**

1:30 pm Insights from Patients and Program Support

Lindsay Parsons, LDSFC &
Lindsey Rusche, GADA Canada

2:00 pm **Panel:** Living well with an Aortic Gene, Tips and Stories

Lindsey Rusche, GADA Canada
Joseph Galli, LDSFC
and other panelists

2:40 pm Music Therapy Workshop OR Networking

4:00 pm **Conclusion**

NOTE: PRESENTATIONS AND TIMES MAY BE SUBJECT TO CHANGE.